

LISD School Health Advisory Council Minutes

May 17th, 2023

I. **Call to Order @ 6:06pm**

- A. Opening remarks were made by Courtney Houghton. The meeting was called to order at 6:06pm. Members will be receiving a Google form to solicit interest in remaining on the 2024 SHAC in the next few weeks.

II. **Approval of Minutes**

- A. It was stated that the minutes from the last meeting were emailed to council members, no revisions were recommended and were approved.

III. **New Business**

- A. Teen Class at MCL - Impact Driving and Stop the Bleed - It was discussed that tomorrow at Medical City from 5-6pm, the "Stop the Bleed" program will be offered for 7th - 12th grade students. Every year LISD is required to offer a Stop the Bleed course to these grade levels.

- B. Sub-Committee Break Out Session- Subcommittee groups met for about 15 minutes

1. Secondary Growth and Development
2. Elementary Growth and Development
3. District Wellness Plan
4. SEL Curriculum Review

- C. Sub-Committee Report Out/Recommendations Sub-Committee Share-out

1. Secondary Growth and Development - Jennifer Biemer: The SHAC SubCommittee for Secondary Health would like to recommend the Goodheart Wilcox companion text, for consideration by the school board as the resource to be used to implement the Reproductive and Sexual Health strand of the revised Health TEKS in Middle School. It was stated that the content in the companion text has been specifically aligned to either the 6th Grade or 7th Grade TEKS, and is offered as an "opt in" learning experience for students. There was a 1st and second. The motion carried.
2. Elementary Growth and Development - Jill Castro: The SHAC SubCommittee for the Elementary Growth and Development would like to recommend portions of the Marsh Media Video; "Meet the New You for Boys and Girls" for consideration by the school board as the resource to be used for the 4th grade Human Sexuality Curriculum. There was a 1st and second. The motion carried.

3. District Wellness Plan -Trish Cruckler: The SHAC SubCommittee for the District Wellness Plan recommended that we move forward with the District Wellness plan for consideration by the school board. There was a 1st and second. The motion carried.
4. SEL Curriculum Review - Melinda Perry-Carter: The SHAC SubCommittee for the SEL Curriculum Review recommended the use of the LISD MS Character Education(SEL) Curriculum for consideration by the school board as the resource to be used in Middle School. There was a 1st and second. The motion carried.

D. Adjournment - @6:36